

Weekly News Update

Wednesday, August 26th

Hey all,

Kind regards,

Glenn



News

- PCN Networking Meeting
- Our Consultation Groups
- Stay Well
- RNIB - Network35



Youth News

- Babyzone @ Vault
- Pride in Lancashire Awards
- Level 3 Counselling Course



Funding

- Allen Lane Foundation
- Stepping Stones - Red Rose Recovery



Training

- ICANN Training Webinars



Events

- Community Lunch at Tanterton
- New Male Domestic Abuse
Survivor Peer Support Group
- Create Centre Open Day
- DENW 30th Anniversary
Celebration
- Windrush Gala Dinner &
Fundraiser
- Weekly Round-up

[Our Members](#)

[Venue Database](#)



PCN Networking Meeting

A reminder that the next PCN networking meeting will take place on the morning of Thursday, September 24 and we have now confirmed the venue as The Rothwell Hall, which is the community facility next to St Mary Magdalene Church, 11 Farringdon Lane, Ribbleton, Preston PR2 6LX.

We have some great speakers lined up (add names) so please get this date in your diary.

Our Consultation Groups

As many of you know, we now run two consultation groups, one entitled 'Benefits and Poverty' and the other focused on 'Social Prescribing and Health,' which we are pleased to say are proving very popular with participants.

The idea of the groups is to provide a 'round table' type forum for our members and partners to bring up and discuss issues in that field which are of current concern.

The group can then make an effort to follow up the issues with parties or organisations who may be able to address them.

A recent example was when several members raised the issue of service users who have expressed concerns over the PIP interview process.

This was followed up with Preston MP Sir Mark Hendrick's office who are now arranging a face to face meeting with officials from Maximus, the organisation which runs the process, to allow our group members to express their concerns directly.

If you would like to join either of our groups, you are very welcome.

Meetings for both groups are held every two months and alternate between in person – usually at the Town Hall – and online.

Please drop us a line and we will get you on our list.

[You can see a full list of members here.](#)

The next meeting of our Social Prescribing and Health Group will be on Monday, September 28 in Room A at Preston Town Hall.

Meanwhile the next meeting of our Benefits and Poverty Consultation Group takes place on Friday, October 2, with this one an online meeting in keeping with our policy of alternating between online and in person meetings.

Stay Well

You may have heard of the efforts to make Preston a 'Stay Well City.'

To find out more about how the project operates and the latest developments on the Stay Well project, check out the [attached newsletter](#).

RNIB - Network35

RNIB is looking for more blind and partially sighted people to join **Network35**, its lived experience network.

This is a chance to share your views and help shape RNIB's services, campaigns and priorities.

We are especially keen to hear from people who are underrepresented in the network, including younger adults aged 18 to 45, people newly diagnosed with sight loss within the last three years, people from Black and Mixed ethnicity communities, people in underrepresented regions, people experiencing financial difficulty and people who are in employment or looking for work.

You do not need to match all these criteria. Perhaps you fit into one or two. If so, we would like to hear from you.

No previous experience is needed, and accessible support is available.

For a copy of the role description, email nicola.stanley-dickinson@rnib.org.uk

To express an interest: [Network35 Expression of Interest Form – Fill out form](#)

Expressions of interest close at 9am on Monday 14 September 2026.

Youth News



Babyzone @ Vault – Launching

Wednesday 30th September

Babyzone is a free, drop-in space for families with children aged 0–5. There's no referral, waiting list or cost to attend. We want it to be a friendly and welcoming place where parents and carers can meet other families, children can play and learn, and families can get some support if they need it.

From Wednesday 30th September, we'll be at Vault Youth Zone every Wednesday during term time.

Pride In Lancashire Awards – Get Your Nominations In

We are looking for nominations for the Young Person Award (Under 25) at the first ever Pride in Lancashire Awards, hosted by Lancashire County Council on 27 November 2026.

Do you know a young person who has gone above and beyond for their community, shows civic pride, and represents #OurLancashire in a positive way?

We're looking for nominations for a young person who is showing outstanding promise, energy and commitment, while already making a meaningful impact in Lancashire through volunteering, leadership, community action or helping others.

This could be a Scout, Guide, volunteer, fundraiser, young carer, community champion, or any young person making a real difference to others.

- Anyone can nominate
- Quick and easy to complete
- Closing date: Noon on Friday 11 September Submit your nomination today!

Please share this opportunity with your members, volunteers, families, networks and wider contacts to help us celebrate Lancashire's inspiring young people.

We look forward to reading your nominations and celebrating the amazing young people making a difference across Lancashire.

For further information about #OurLancashire and getting involved, find out more at Civic Pride - Lancashire County Council or civicpride@lancashire.gov.uk

Follow the link here to nominate - [Pride in Lancashire Awards - Lancashire County Council](#)

Level 3 Counselling Course - Intact Centre – Monday 7th September

We're currently enrolling for our **Level 3 Counselling Skills** qualification, starting Monday 7th September at The Intact Centre, Preston.

The course could be particularly valuable **for staff working in support, wellbeing, community, housing, recovery, family support and other people-focused roles**, providing practical counselling, communication, and interpersonal skills alongside an accredited qualification.

We're now offering a **discounted rate for organisations/services placing multiple staff onto the course.**

I've attached the flyer with the full course details. If you could share this with any organisations who may be interested, we'd really appreciate it.

For more information or to discuss the organisational rate, please contact **0151 294 4749** or info@3dtraining.uk.com



The flyer is for the 'Counselling Skills Level 3' course. It features a header image with the text '3D' and 'Counselling Skills Level 3'. Below the header, it states 'Start your journey to become a qualified counsellor'. The main body of the flyer describes the course as a foundation in counselling knowledge, skills, and ethical practice. It lists 'What You Will Learn' in two columns, detailing skills like interpersonal and counselling skills, understanding of ethical practice, and critical reflection. 'Course Information' includes the start date (Monday 7th September), duration (13 sessions), and location (The Intact Centre, 49 Whitby Ave, Ingsal, Preston PR2 3YP). 'Course Fees' section mentions that it is a paid, self-funded qualification with student loans available. At the bottom, it provides contact information for the 3D Team: info@3dtraining.uk.com | 0151 294 4749.

Counselling Skills Level 3
Start your journey to become a qualified counsellor

This Level 3 Counselling Skills qualification is designed for individuals who want to start their journey towards becoming a qualified counsellor.

The course provides a strong foundation in counselling knowledge, skills, and ethical practice, supporting learners to develop the understanding, confidence, and self-awareness needed for progression to higher level study.

Following successful completion, learners will have the opportunity to apply for our Level 4 Counselling qualification as part of a structured pathway towards becoming a counsellor.

What You Will Learn:

- Develop and practice interpersonal and counselling skills to support effective, supportive, and professional interactions.
- Understand how to initiate, maintain, and appropriately conclude a counselling skills interaction within professional boundaries.
- Explore and evaluate key counselling theories and approaches that underpin effective practice.
- Develop a clear understanding of ethical practice, including ethical frameworks and referral processes.
- Examine the application of counselling skills within a diverse society and the implications for practice.
- Reflect critically on personal development and self-awareness and identify barriers to effective communication.

Course Information:
Course Induction & Start Date: Monday 7th September
Duration: 13 sessions, every Monday, 9:30am-2:30pm
Please note there will be no sessions on Monday 28th September and Monday 26th October.
Location: The Intact Centre, 49 Whitby Ave, Ingsal, Preston PR2 3YP

Course Fees:
This is a paid, self-funded qualification, with Student Loans available to support access to the course. Organisations and services: A discounted rate is available when placing multiple staff onto the course. For further information on fees, discounts or payment options, please contact the 3D Team.

To register your interest please contact the 3D Team:
info@3dtraining.uk.com | 0151 294 4749

Funding

Allen Lane Foundation

Grants of up to £15,000 are available to support socially excluded or marginalised young people aged 12–21.

The programme particularly supports young people facing significant challenges and barriers to accessing support and opportunities.

This is a rolling programme and there are more details [here](#).

Stepping Stones - Red Rose Recovery

Stepping Stones provides funding of up to £1000 to support local projects which benefit the recovery and wider community.

[Details can be found here.](#)

Training

ICANN Autumn Training Schedule

Our friends at ICANN have confirmed their Autumn training webinar schedule which is listed below.

This is open to all VCFSE groups and is high quality training by experienced people.

The sessions are all online, run from 10am-12.30pm on each date and cost £25 each for VCFSE organisation staff and volunteers.

[Hints & Tips to support your PIP / WCA claim](#)

[Hints & Tips to support your AA / CDLA claim](#)

[What to expect at your PIP / WCA health assessment](#)

[Mandatory reconsiderations notice to appeal and what to expect when attending an appeal](#)

WEBINAR:
HINTS AND TIPS TO
SUPPORT YOUR
PIP/WCA CLAIM

10AM - 12:30PM ONLINE

THURSDAY 1 OCTOBER
&
THURSDAY 5 NOVEMBER

PRICES:
£25 plus booking fee via eventbrite for VCFSE organisations
£50 plus booking fee via eventbrite for non-VCFSE organisations

Charity Number: 120022



JOIN US FOR
Tanterton
Community Lunch & Energy Support

Thursday 27th August 11am-2pm

Tanterton Village Centre, Tanteron, Kidsgrove, Preston PR2 7BX
Drop in – everyone is welcome!
 Enjoy a delicious lunch, activities for the kids, and friendly advice and support from local community organisations.
 No need to book. Just come along!

A FREE, fun and friendly lunch for all the family!

Lunch from HotPot Heaven
 Including options such as beef hotpot, butter pie, cheese and onion pie, with all the trimmings

Free facepainting and prizes in our lucky dip!

WITH SUPPORT FROM

Places for People, wise group, HEAT, carers, United Utilities

0800 092 9002
 HEAT-THEWISEGROUP.CO.UK

Community Lunch at Tanterton

The HEAT group are hosting a community lunch at Tanterton Village Centre tomorrow, August 27 from 11am-2pm.

Details on attached flyer.

New Male Domestic Abuse Survivor Peer Support Group

Hope Prevails Preston is launching a new monthly peer support group for male and those who identify as male survivors of domestic abuse.

The group is a **step-down recovery offer** for men aged 18+ who have completed, or are nearing completion of, their initial 1-1/crisis support and are assessed as no or very low risk.

Meeting monthly at **The Foxton Centre**, the group will provide a safe space for peer connection, discussion and continued recovery, with members increasingly shaping the topics and activities themselves.

Professional referrals only – self-referrals cannot be accepted.

For a referral form or to discuss a referral, contact:

enquiries@hopeprevails.org.uk 01772 201601

Referral form: <https://forms.gle/1tBQbNer9rUi5ZrH8>

Thank you for helping us get the word out.

Best wishes,

Kate

Create Centre Open Day

To celebrate opening its doors, The Creative Centre is holding an Open Day this Friday, August 27

This brand new hub offers creative opportunities, art, training and education all under one roof and is also be a space that can be used by local creatives, artists, organisations and community businesses.

The event runs from 1pm-4pm at the Centre which is located at The Old Bull Chambers, Church St PR1 3BU.

If you would like to book a free stall at our event to share information, creative work etc please email ruth@wwudes.co.uk

DENW 30th Anniversary Celebration

Our friends at Disability Equality NW are celebrating their 30th anniversary with a special event on Friday, September 25.

Tickets are free, but booking is essential as places are limited – to book please call 01772 558863 or email beth@disability-equality.org.uk

[Full details on attached flyer.](#)

Windrush Gala Dunner & Fundraiser

We've been advised by our member group Windrush that the annual national Windrush Gala Dunner & Fundraiser will take place on Friday, October 30 at the Edgbaston Centre in Birmingham.

For more details, and to book, click [here](#).

Weekly Round-up

Below you will find a summary of events happening this week. Registration is not required unless stated. Please also keep an eye on the weekly events in Section Two of the Events section of our website [here](#).

As always, please check with the event provider to make sure that the event is still running.

Wednesday, August 26

10.30am-1.30pm – ‘Style for Styal’ third anniversary event

Help to raise clothing donations for those in prison.

Location: Foster Building Lecture Theatre 2, University of Preston PR1 2HE

Booking link: <https://StyleforStyal.eventbrite.com>

Thursday, August 27

11am-2pm: Community Lunch at Tanterton

Choice of lunch, kids’ activities, friendly advice from a host of groups

Location: Tanterton Village Centre, Kidsgrove PR2 7BX

Free, all welcome.

Friday, August 28

1pm-4pm: Create Centre Open Day

PCN members are invited to an official open day is being held at the brand new Create Centre, which now offers creative opportunity, art, training and education all under one roof.

Location: The Old Bull Chambers off Church Street on August 28.

To book a free stall to share information, creative work etc please email ruth@wwudes.co.uk

Would like to contribute to our newsletter?

Let us know

Town Hall, Preston
United Kingdom



purchase from us.

[Unsubscribe](#)

